# Dr. Joe Tafur

Spiritual Healing in Modern Healthcare

## INTRODUCTION

Dr. Joe Tafur, MD is an Integrative Family Physician, curandero, author, and speaker. He speaks at conferences around the world as well as through online platforms, discussing the importance of psychoneuroimmunology and emotional biology in modern medicine, the role of spiritual healing in modern healthcare, the potential role of epigenetics in psychedelicassisted therapies, and the practice of Traditional Amazonian Plant Medicine and Ayahuasca curanderismo.

Dr. Tafur is available for speaking engagements including video, podcasts, and television. He can be interviewed via phone, email, zoom, and in person.

Dr. Tafur is frequently booked in advance and it is recommended that you contact us at least three weeks in advance of your desired interview time. To arrange a speaking engagement or interview, please contact us at:

#### https://www.drjoetafur.com/contact

## TOPICS

SPIRITUAL HEALING CONSCIOUSNESS & PHYSIOLOGY SACRED PLANT MEDICINE EPIGENETICS AYAHUASCA EMOTIONAL BIOLOGY PSYCHEDELIC-ASSISTED THERAPIES

## BIOGRAPHY

Joe Tafur, M.D., is a Colombian-American family physician originally from Phoenix, Arizona. After completing his family medicine training at UCLA, Dr. Tafur spent two years in academic research at the UCSD Department of Psychiatry in a lab focused on mind-body medicine.

After his research fellowship, over a period of six years, he lived and worked in the Peruvian Amazon at the traditional healing center Nihue Rao Centro Espiritual. There he worked closely with master Shipibo healer Ricardo Amaringo and trained in ayahuasca curanderismo. In his book "The Fellowship of the River: A Medical Doctor's Exploration into Traditional Amazonian Plant Medicine," through a series of stories, Dr. Tafur shares his unique experience and integrative medical theories.

To learn more about his work visit **<u>drjoetafur.com</u>**, **<u>modernspirit.org</u>** and **<u>churchofeagleandcondor.org</u>**.

# Featured Talks & Appearances

#### **Spiritual Healing Loves Science**

Summarizing some of the main concepts from his book, Dr. Tafur presents a visual guide to bridging spiritual healing techniques, plant medicine curanderismo, psychology, psychedelic psychotherapy and the biomedical model.

#### The Potential Role of Epigenetics in Ayahuasca Shamanism

Drawing upon cases from The Fellowship of the River, this talk was given at the Multidisciplinary Association of Psychedelic Studies (MAPS) conference in 2017. Bridging empirical experience in shamanism and western medical research, the presentation attempts to demonstrate that the potential benefit of ayahuasca shamanism and other psychedelic-assisted therapies may be in part due to their ability to induce relevant changes in epigenetic imprints associated with emotional trauma stored in the psychoneuroendocrine immunologic network.

#### **Epigenetics and the House of Spirits**

In this presentation, Dr. Tafur discusses epigenetics and their potential role in shamanic and spiritual healing.

#### The Role of Spiritual Healing in Modern Healthcare

Dr. Tafur presents on the role of shamanic and spiritual healing in modern healthcare as discussed further in his book *The Fellowship of the River*.

#### The Song that Calls You Home (documentary)

Dr. Tafur is featured in The Song that Calls You Home, a 2020 documentary exploring Amazonian curanderismo, with a focus on Ayahuasca and Master Plants.

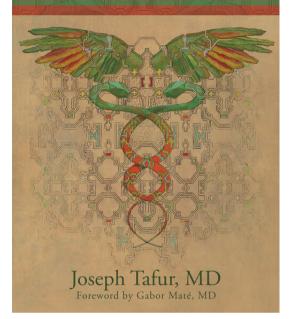
## Dr. Tafur's Book

Dr. Tafur's exciting book explores his extensive experience with ayahuasca and traditional medicine in the Amazon Rainforest. During his intensive work at the Peruvian healing center Nihue Rao Centro Espiritual, Dr. Tafur studied Traditional Amazonian Plant Medicine (TAPM) and Shipibo curanderismo under master ayahuasquero Ricardo Amaringo. At the center, he learned how spiritual approaches can help to heal modern health problems like anxiety, depression, PTSD, migraine headaches, and digestive problems.

Dr. Tafur continues to work in both allopathic medicine and spiritual healing. In his years at Nihue Rao Centro Espiritual, he collected a number of integrative case studies from which he developed his theories linking the profound world of spiritual healing to modern medical understanding. Woven into the stories of his Amazonian adventures, Dr. Tafur has summarized these theories in his thoughtprovoking book *The Fellowship of the River: A Medical Doctor's Exploration into Traditional Amazonian Plant Medicine.* 

# THE FELLOWSHIP OF THE RIVER

A Medical Doctor's Exploration into Traditional Amazonian Plant Medicine



# Testimonials

"The Fellowship of the River, by Arizona-based Colombian-American physician Joseph Tafur, MD, is the most impressive and useful book on multidimensional healing with ayahuasca that I have come across."

Ralph Metzner, Ph.D. Author/editor of The Ayahuasca Experience - A Sourcebook on the Sacred Vine of Spirits, and of The Sacred Mushroom of Visions - Teonanácatl

"Much has been written in recent years about ayahuasca, the Amazonian brew that evokes visions and insights. Less has been written about its healing potentials, but Joe Tafur, M.D., has filled the void with his remarkable book. Dr. Tafur provides an authoritative explanation for ayahuasca's cures by drawing on data from neuroscience, psychology, and what is known about mind/body interactions. He also candidly points out the brew's dangers and limitations, noting that ayahuasca is no panacea. The importance of this book cannot be underestimated; the suggestions given for medicine, psychotherapy, and spiritual awakening could transform institutions and societies as well as individuals and their families."

Stanley Krippner, Ph.D. Professor of Psychology, Saybrook University. Coauthor Demystifying Shamans And Their World

### Contact

For all media inquiries contact us here: <u>https://www.drjoetafur.com/contact</u>